



## PREVENTION – Pre-conception to 3 Months Program

### PARENT-CHILD ASSISTANCE

- Intensive home visitation model for the highest risk mothers.
- Paraprofessional Advocates.
- Paired with client for 3 years following the birth of the target baby.
- Link clients with community services.
- Extensively trained and closely supervised.
- Maximum caseload of 15 clients.

### OUTCOMES

- Fewer alcohol/drug affected children.
- Reduced foster care placement.
- Reduced dependence on welfare.

## PARENT CHILD ASSISTANCE PROGRAM



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PCAP MENTOR

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Call or visit the Tawow Center for more information or to make an appointment.  
Walk-ins available.

**OFFICE HOURS**  
**8:30 am to 5 pm**

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## PARENT CHILD ASSISTANCE PROGRAM

# PCAP



## PREVENTION

- Pre-conception to 3 Months -

# One of every 100 babies born in Canada is affected by FASD.

## FETAL ALCOHOL SPECTRUM DISORDER

FASD is a preventable, lifelong disability resulting from prenatal exposure to alcohol that has no cure. It may include physical birth defects & health problems including developmental delays, learning disabilities, memory problems, as well as difficulties communicating feelings & understanding consequences.

Individuals with FASD may require extensive support & services related to health, mental health, social services, education & training, justice, addictions, & family supports throughout their lives.



FOUR DIAGNOSIS UNDER THE UMBRELLA OF FASD					
DIAGNOSIS		GROWTH	FAS FACE	BRAIN	ALCOHOL
1. FAS	Fetal Alcohol Syndrome	growth	face	severe	alc
2. PFAS	Partial FAS		face	severe	alc
3. SE/AE*	Static Encephalopathy / Alc Exposed			severe	alc
4. ND/AE	Neurobehavioural Disorder / Alc Exposed			moderate	alc

Also referred to as: Alcohol Related Neurodevelopmental Disorder (ARND) or Neurodevelopmental Disorder Prenatal Alcohol Exposed (ND-PAE).

**Drinking alcohol during pregnancy may cause irreversible brain damage to an unborn child. NO ALCOHOL IS BEST.**



### The Formula for Preventing Alcohol or Drug Exposed Births:

- Motivate women to stop drinking or using drugs before and during pregnancy,
- OR, help women who cannot stop drinking or using drugs to avoid becoming pregnant.