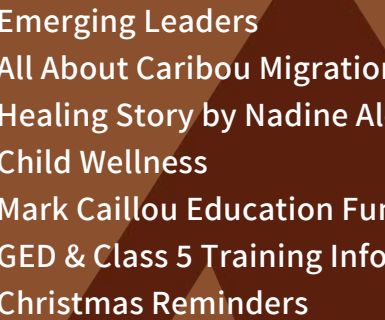


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Aseniwuche Stories



ABOVE: The Caribou Patrol crew captured two heated bull caribou on October 26, 2021. Patrol crews have been observing more aggressive behaviour during the fall rut. Credit: Ken Napier, Caribou Patrol

WELCOME NEW Awn BOARD OF DIRECTORS

The 2021 AWN Board of Directors has hit the ground running!

Following their organizational meeting held on September 17, 2021, the newly elected Aseniwuche Winewak Nation Board of Directors motored ahead scheduling their first official regular Board Meeting and completing a board orientation facilitated by Indigenous consulting firm, Four Winds & Associates.

AWN welcomes back President David MacPhee, who served in the same position from 1994 to 2017 and returning Directors Alfred Wanyandie and Stevie Snider. AWN is pleased to welcome new Directors, Shirley Haggart as Vice-President, Cathy Wanyandie as Secretary, and Stephen McDonald and Rueben Moberly as Directors.

The next regular AWN Board of Directors Meeting is Friday, November 5 at 9:30 a.m. Community members are welcome to join over Zoom. The link will be posted in the morning and members can call the office for the meeting password. For any questions about the Board, please contact Executive Director Courteney Wanyandie-Smith at courteney@aseniwuche.com.

WELCOME BACK, MANLEY!

Interview by Johanne Johnson

Aseniwuche Development Corporation was thrilled to welcome back Manley Moberly earlier this fall. Manley returns to the ADC automotive shop as a Journeyman Mechanic. He was born and raised in Grande Cache and is from the Victor Lake community. When Manley is not hard at work, he enjoys spending time with his wife Candice and children, Brie, Mikaden and Willow.

Why did you decide to return to ADC?

I desired a work-life balance and wanted to be available for what's important in life, my family. I chose to come back to ADC because I wanted to work in the community again.

With the support of ADC, my wife and my family, I was able to complete my Red Seal Automotive Service Technician Certification in 2016. This has led me on a career pathway in the automotive motor vehicle industry. ADC provided me with the resources and opportunities to develop a skillset to complete my Journeyman Certification. I am grateful to have had the opportunity to participate and successfully complete the program. As I continue in my career, I want to pay it forward and give back to the company by paving the way for future up-and-coming mechanics in the automotive field.

What have you done and learned since we last saw you?

Since I left ADC, I have had the opportunity to grow both professionally and personally. My most significant career progression is strengthening my cultural awareness and widening my perspective from working in diverse environments. I have also gained a broader technical understanding from working on a variety of different vehicles such as commercial trucks, steam trucks and buses. I have had the opportunity to work alongside other Journeyman Technicians trained with Ford. They were able to offer an abundance of knowledge, know-how, and tips working with Ford's automotive systems.



Credit: Candice Moberly

What do you want to accomplish at ADC?

My goal is to develop team structure at the ADC automotive shop. In addition, I want to be able to set workplace goals that align with the overall business goals to boost the shop's productivity and efficiency.

What do you see as future steps in your career?

My future steps are to achieve a second trade. I want to pursue a Heavy-Duty Apprenticeship.

What are your hobbies and passions outside of work?

Spending time with my family, hunting, fishing, taking my kids to their extracurricular activities, tinkering in the garage, archery with my son, and travelling.



AUTO REPAIR & MECHANIC

The Aseniwuche Development Corporation Automotive Shop is open and ready to provide you with professional and timely automotive services. We have a full-time Journeyman Mechanic and Apprentice on staff to serve your automotive needs!



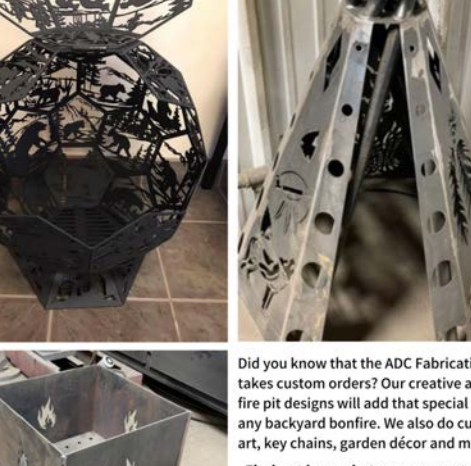
ASENIWUCHE
DEVELOPMENT CORPORATION

ADC SERVICES

- Diagnosis
- Tune-up
- Oil & lube
- Brakes
- Tire service
- Suspension
- Drive train
- Engine repair
- Electrical
- Insurance check

Call us today!

Open Monday to Friday 9 a.m. to 5 p.m.
780-827-9670 • 9600 104 Ave, Grande Cache



Did you know that the ADC Fabrication Shop takes custom orders? Our creative and unique fire pit designs will add that special touch to any backyard bonfire. We also do custom wall art, key chains, garden décor and more!

Find out how what we can create for you!

780 • 827 • 9670



STRENGTHENING SKILLS AND BUILDING POTENTIAL WITH THE EMERGING LEADERS PROGRAM

Contributed by CDN Controls & AWN

The “CDN Controls Emerging Leaders Program” was designed through a collaborative approach with Aseniwuche Winewak Nation, Southern Alberta Institute of Technology (SAIT) and CDN Controls (CDN). Through their partnership relationships, AWN identified a gap to CDN in the ability of Aseniwuche Group of Companies employees and AWN members to gain leadership skills and meaningful related work experience opportunities.

Emerging Leaders was created to provide an impactful training opportunity to further foundational leadership and communication skills and empower individuals to seek advancement in their careers, assisting participants with the skills they need for promotion into supervisory and leadership roles.

By design, the program has been made to be easily accessible to all employees of ADC, AEC and other members of the AWN community with forethought to remove common barriers such as pre-requisite requirements. The program does not have any pre-requisites and does not require a high school diploma or extensive time commitments.

A key component of the course design was to ensure that a Cree worldview was incorporated into the course delivery and takeaway exercises; SAIT has worked with members of AWN to ensure these Indigenous perspectives are appropriately integrated.

Emerging Leaders launched on August 31 with 39 inaugural students. It was facilitated virtually by SAIT instructors, with students attending class in person as a group at the Eagle's Nest Hall and Grande Cache Tourism Centre.

CDN Controls is a proud partner of AWN and is thrilled to lead the development of this program with AWN and SAIT, as well as contributing 20% of the program fees. To ensure students did not have to pay tuition to participate, program delivery was generously supported by a group of nine other industry sponsors: ARC Resources, CSV Midstream Solutions, Halliburton, Keyera, NuVista Energy, Pipestone Energy, Pembina, Tourmaline and TC Energy.

The participation of this group of students along with their feedback from the course will be critical in refining the course content such that it can be offered in future to other interested Indigenous communities who are also interested in the opportunity to benefit from this unique program.



ABOVE: CDN Controls' Jennifer Ezekiel (far left) and Kelsey McKague (far right) stand with Aseniwuche Group of Companies staff, Aseniwuche Winewak community members and supporting industry partners at the Emerging Leaders kick-off barbeque in August 2021.

LEFT: Stuart McDonald opened the first class with a presentation on the 7 Cree Principles, based on Johanne Johnson's Master's thesis work interviewing Elders and Traditional Knowledge Holders.

Credit: CDN Controls



Congratulations to all of the staff and community members for successfully completing the communications training stream of the Emerging Leaders Program: Aaron Gopher, Aimee Couture, Bella Karakuntie, Brenda McFadyen-Landry, Brenda Moberly, Cathy Wanyandie, Cheryl Kenworthy, Courteney Wanyandie-Smith, Danette Wright, Don McNeil, Eava Clark, Emmanuel Ade, Gladys Wanyandie, Jason Moberly, Jesse Letendre, Katie Wong, Katrina Lypowich, Kelsey McKague, Keven McDonald, Kevin Moberly, Lorraine Delorme, Marilyn Smith, Musab Sayah, Nadine Alexis, Sanda Moberly, Shannon Chowace, Stephanie Leonard, Stuart McDonald, Tara Crane, Tracy Gulevich, Wayne Gienger and Yvonne MacPhee.

Emerging Leaders participants completed 24 hours of course work delivered across six weekly four-hour sessions. Topics included the foundation of communication, different types of communication styles, conflict resolution, emotional intelligence, and resiliency.

A big thank you to Jennifer Ezekiel, Kelsey McKague, Aimee Couture, Johanne Johnson, Matt Adolphe, Gina Boteljo, Jennie Gilbert, Joy Cohen, Chris Downey, Joy Gloer, Jenny Daubert and the staff at the Tourism Centre.

CARIBOU PATROL

– Contributed by Stephanie Leonard

Caribou sightings have picked up quite suddenly in the last week as the fall migration across Highway 40 has started. It's critical for road users to slow down and watch for caribou and other wildlife on the road and along the ditches. Thank you to everyone who reports their caribou sightings. We appreciate your time to get in contact with us.



ABOVE: Caribou family featuring a buck, doe and calf.
Credit: Caribou Patrol

MIRGRATION 101

MIGRATION 101 The A La Pêche, Redrock-Prairie Creek and Narraway caribou herds are the only migratory southern mountain herds under Alberta Protection. Their biological needs are similar to the boreal populations; however, southern mountain caribou require different seasonal ranges connected by land that allows for movement, also known as migration.

These three caribou herds migrate from mountainous areas in Alberta and BC in the summer to the Alberta foothills in the winter, where they occupy a highly diverse topography and terrain types.

In 1998, 100% of the Red Rock Prairie Creek caribou migrated from the mountains to the foothills. Today, only 38% of these animals currently migrate to their winter range. This puts them at an increased risk of avalanche and reduced access to lichens necessary to survive the winter.

The A La Peche herd crosses Highway 40 every migration. Since the A La Peche do not travel in one large herd but rather in small groups or even individually, the period where caribou are potentially on or near Highway 40 can last for two months, mid-October to mid-December. In the summer, the spring migration can take up to three months from April to June. Several A La Peche caribou have been sighted on or near Highway 40 year-round, indicating that not all animals participate in the migration.

If you found this caribou tidbit interesting and would like to learn more, we want to meet you! Caribou Patrol offers free caribou presentations for organizations, schools and public interest groups. We have information covering caribou biology, the specific needs and threats of the west-central caribou herds, the Caribou Patrol Program, and actions you can take to help caribou, both individually and as an organization. E-mail info@cariboupatrol.ca to book!

CARIBOU CAUTION

Please be aware that several male caribou have demonstrated more aggressive behaviour this mating season than in previous years. Caribou Patrol recommends road users stay in their vehicles and exercise caution around all wildlife.

CARIBOU VIDEO SERIES

In 2020, Caribou Patrol enlisted C.I.A. Solutions to film Elders sharing stories and memories about caribou. We hope to premiere the videos at the Season 10 celebration before the end of the year.

TASK FORCE UPDATE

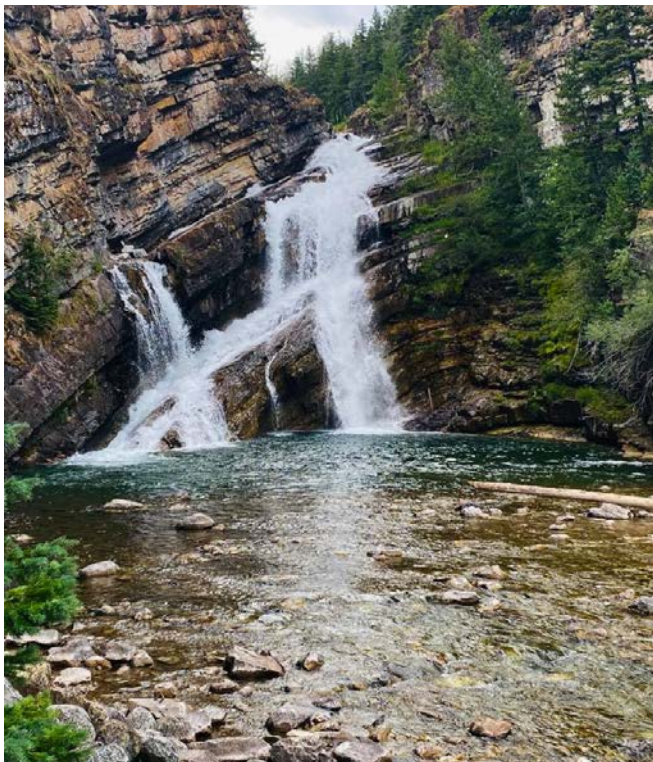
The Government of Alberta has started the next round of Caribou Sub-Regional Task Forces. AWN has two representatives on the Berland Task Force, covering the Little Smoky and A La Pêche caribou herds. If you're interested in hearing what's been discussed so far, don't hesitate to get in touch with Stephanie Leonard or Vivian McDonald.



PHOTOS FROM THE FIELD

ADC crews were busy this past summer completing a job for one of their partners. The project was a success and all parties were satisfied with a job well done.

Check out current job opportunities at Aseniwuche Development Corporation on page 8.



TOP: Taking in the views at the Goodstoney Rodeo Grounds in Morley, AB.

BOTTOM: Waterton Lakes National Park, AB.

Credit: Nadine Alexis

LIVE YOUR BEST LIFE

Contributed by Nadine Alexis

The summer of 2021 was one of the best for me. I was able to live out one of my dreams, something I've always wanted to do. It was all because our family slo-pitch team, which we started in memory of our late brother Eugene, got to go to Kelowna in August. This was the highlight of my summer. Having fun, laughing and making memories was the perfect way to remember our brother. This was who he was.

I started my healing journey with a drive down the lower BC highway near the US border. We drove up mountains and saw numerous beautiful, clear rivers, which are my favourite. We camped in Cranbrook and Stoney Nakoda Nation. The most beautiful place we went to was Waterton Lakes. It was always a dream of mine to visit and experience the breathtaking scenery and waterfalls.

The lake is where I did a lot of reflection. As I sat on a rock with my feet in the water, in this moment, I was happy. I thought of my late grandmother and my late brother. I knew they were proud of me for living my life, for living my dreams. "Live your life," they would both always say. After losing both of them in a span of a year, I was lost, depressed, and I didn't enjoy anything. I wouldn't communicate with anyone.

I decided to take part in a grief recovery program, and it was the best thing I did for myself. It helped me understand and get to know myself on a deeper level. It helped me deal with my grief. It helped me in so many ways regarding my mental health. I began to heal my heart and put myself first. It was the start of my healing journey.

On our way home, we stopped at a place that meant so much to me, a place that held great memories of me and my brother and grandmother. I sat on the edge of the river, with a smile on my face, remembering all the memories. As we drove home through Banff and Nordegg, I did more thinking, listened to my favourite music, and released all of the emotions I was holding in. This felt good. My heart felt happy.

Nature is healing. Music is healing. I wanted to share my healing journey to inspire others who may be going through something similar. I've learned it's important to release your emotions, to feel your feelings when grieving or understanding your mental health. It's important to take the time to heal, put yourself first and take that time for yourself. Live your dreams. If you want to do something, do it. Nothing is impossible. The sky is the limit if you put your mind to it. Find happiness within yourself. You and your mental health matter. It's important, and you are important. Live your best life.

THANK YOU, BRANDI CROTEAU!

There are not enough ways to say "thank you" to our new friend Brandi who generously donated an abundance of organic beef, potatoes, carrots and blueberries to AWN. TIC and PCAP staff Tracy and Tara delivered heaping bags of healthy, whole food to program clients in October. Thank you for sharing your bounty and kindness with us, Brandi!



CHILD WELLNESS



–Contributed by Lorraine Delorme, Cultural Navigator, Child Wellness Program

Halloween may be over, but you can still try your hand at a freaky Frankenstein word search. Send us a photo of your completed word search and your best Frankenstein pose for the next newsletter!

Halloween is a special time for everyone, but especially kids. I remember back in my younger days, I couldn't wait to take my brothers and sisters out and fill up our pillowcases with candy. One windy Halloween, we went to Victor Lake for trick or treating. My brother Dwayne lost his shoe while we were out, but thought trick or treating was more important. We didn't even realize he had been walking around in his sock until we got home. We never did find his shoe.

BODY PARTS
LUMBERING
BORIS KARLOFF
MARY SHELLEY
BRIDE
MOBBED
ELECTRICITY

MONSTER
FIEND
NECK BOLTS
FLAT HEAD
NOVEL
FRANKENSTEIN
REVENGE

GREEN
TALL
HIDEOUS
WRETCH
LIGHTNING
YELLOW EYES

F L U M B E R I N G R F A W N
F K E N S R T E I N R I R W A
R S U O E D I H S E L E V O N
A O R I G G I D T N T N A L E
N L Y A R N O S E C V D M E C
K L B E Y M N A H R Y S A H K
E E E F F O L R A K S I R O B
N N T L M L E Y A N D F Y I O
S T R A P Y D O B R S T S P L
T Y E L L O W E Y E S U H B T
E L V I S L H E M O B B E D S
I D E I N T D A E H T A L F H
N E N Y G N I N T H G I L E A
R E G I G H T E E N E I E G H
T E E L E C T R I C I T Y E N

BOLD EAGLE SUMMER TRAINING PROGRAM

Apply now for the 2022 program!

Bold Eagle is a unique summer training program that combines Indigenous culture and teachings with military training. Participants will develop valuable skills such as self-confidence, self-discipline, teamwork, time management, respect and fitness. The six-week program is conducted from early July to late August each year. During this time, participants are enrolled as a member of the Canadian Armed Forces (CAF). Upon completion of the program, they can choose to remain in the CAF (as a Regular Force member, a Reserve Force member or a Canadian Ranger) or to be released from service.

Benefits of the program

Participants will have the chance to meet Indigenous people from across western Canada and northwestern Ontario. Overall, the program helps participants prepare themselves for the future – wherever that may take them. During the program, the following are provided:

- Meals and accommodation;
- Military clothing and equipment to use during the training;
- Transportation from home to the training location and back home; and
- Approximately \$4,200 in salary.

Eligibility requirements

- Be First Nation, Métis or Inuit (status not required);
- Be 16 years of age or older;
- Have completed Grade 10;
- Be a Canadian citizen; and
- Reside in western Canada or north-western Ontario.

All applicants under the age of 18 must obtain consent from a parent or legal guardian. Applicants must be at least 16 and enrolled in school full-time at the time of application. If you are not a full-time student, minimum age is 17 years.

Once accepted, training will take place in Wainwright at the 3rd Canadian Division Training Centre from early July to late August. The first week involves the Culture Camp, which includes traditional Indigenous values and teachings. The Culture Camp helps candidates understand the need for self-discipline and teamwork.

At the end of the first week, training continues with CAF military instructors. The course itself is the standard five-week Army Reserve Basic Military Qualification (BMQ). During the BMQ course, participants will learn a number of skills, including weapons handling, navigation with a map and compass, first aid, drill, outdoor fieldcraft and survival skills. There will also be opportunities to meet with Elders, participate in a sweat, go to a local powwow and attend a career day that will introduce education and career options in the CAF.

Bold Eagle Coordinator: Major Clint Schoepp

Email: boldeagle@forces.gc.ca **Phone:** 780-842-1363 ext. 5158 or 780-261-0202

Find more information and application forms at canada.ca/en/army/services/bold-eagle.html

YOUTH & STUDENTS

Earlier this year, Hammerhead Resources reached out to AWN about participating in the Mark Calliou Reconciliation through Education Initiative (MCREI). Through the MCREI, Hammerhead will engage and follow Aseniwuche Winewak students in their academic journeys from their freshman year in high school to graduation.



CLOCKWISE FROM TOP LEFT: 2021 graduate Hannah McDonald, grade nine student David Livingston, 2021 graduates Dallas Wanyandie, Faith Wanyandie and Marlon Polanik receiving their laptops from MCREI founder Tina Bakarich, 2021 graduate Graydon Leavitt.

Hammerhead believes that school should be a positive experience for students and that high school graduation is a significant and celebratory milestone. Hammerhead recognizes technology's role in education and desires that all students have access to adequate resources to participate in their studies.

Hammerhead MCREI will provide Aseniwuche students entering the ninth grade with \$100 gift cards to use towards the purchase of a device such as a tablet or Chromebook for school. In addition, upon successful high school graduation, Hammerhead will gift a laptop to Aseniwuche students to further their education or use as they see fit for their personal or professional development.

Earlier this month, Tina Bakarich, Manager of Surface Land & Stakeholder Relations, joined us at Susa Creek School for the Stay in School Awards and the inaugural presentation of the MCREI. Moving forward, Hammerhead would like to stay in touch with students throughout the school year to get to know them and learn about their challenges, accomplishments and future goals. AWN looks forward to continuing working with Hammerhead to encourage and support Aseniwuche students. Thank you, Tina, and thank you, Hammerhead, for including the Aseniwuche community in the MCREI.

**Please note that proof of graduation from a school located within 100 kilometres of the Aseniwuche Winewak Nation office is required. Exceptions are at the sole discretion of Hammerhead Resources and will be handled on a case-by-case basis.*

THANK YOU, CENOVUS!

AWN recently received a generous donation from Cenovus towards our GED and Class 5 Drivers Training programs. We want to thank David Morrison, Senior Advisor of Community and Indigenous Relations, and Cenovus, for their continued support of AWN education and training programs.

High school education and a driver's license are two common requirements for many jobs and opportunities. Unfortunately, there are numerous barriers that may prevent community members from being able to pursue these qualifications successfully. AWN's GED and Drivers Training programs aim to reduce these barriers and help community members obtain these two essential requirements for employment.

General Education Development (GED)

One of the ways to get your high school equivalency is by registering to take General Educational Development (GED) tests. GED tests cover five different subject areas. Individuals must pass all five tests to get their GED certification (certified Canadian high school equivalency).

AWN has funding to support community members wishing to take GED classes and tests. Contact Courtney for more information at 780-827-5510 or courtney@aseniwuche.com. Contact Sonia at the Grande Cache Community Learning & Employment Resource Centre for more information about GED prep classes and testing at 780-827-4168.

Class 5 Drivers Training

Community members with a valid learner's license (Class 7) eligible to take the Class 5 Road Test can apply for AWN's Class 5 Drivers Training. The program is administered by Summit Driver Training in Grande Prairie, and takes five days. AWN covers the cost of the course, accommodations, road test and rental vehicle. Pick up an application at the office or download it from the AWN website. The November session is full. The next Class 5 Training will be in the New Year.

***Funding for the above programs is available until funds are exhausted.**

Canadian Natural Resources is accepting applications for the winter semester of Building Futures. The Building Futures Scholarship Program contributes to the ongoing development of a qualified workforce for the future of the energy sector. The intake deadline is December 15th.

ELIGIBILITY

- Be an Indigenous community member from an area where CNRL conducts operations
- Social Insurance Number
- Pursuing studies relevant to the oil and natural gas industry or that supports the community
- Maintain a minimum 70% average

SCHOLARSHIP APPLICATIONS DUE DEC.15 CANADIAN NATURAL RESOURCES BUILDING FUTURES

HOW TO APPLY

- Apply online at cnrl.com/careers/student-opportunities/scholarships.html
- Pick up a paper application from AWN
- Contact scholarships@cnrl.com for more information



Canadian Natural

COMMUNITY NEWS



CHRISTMAS REMINDERS



CHRISTMAS GIFTS FOR AWN CHILDREN AGES 10 & UNDER

AWN is pleased to continue our annual anonymous gift-giving for AWN children ages 10 and under living in Grande Cache and the surrounding Co-operatives and Enterprises. Parents, guardians and caregivers are encouraged to call Nadine to confirm we have your child's correct information.



HOLIDAY FOOD HAMPERS FOR AWN HOUSEHOLDS

Thanks to funding from Second Harvest Food Rescue, AWN is grateful to be able to provide holiday food hampers with everything needed for a hearty Christmas supper. Stay tuned to the AWN Facebook page for details on pick-up and delivery.



SANTA'S ANONYMOUS

The Grande Cache ATB branch is accepting Santa's Anonymous applications for children 17 and younger until **December 13**. Drop off applications to the counter or night deposit.

GRANDE CACHE & AREA FOOD BANK CHRISTMAS HAMPERS

Grande Cache Food Bank clients can submit applications for Christmas Hampers until **November 17**. Pick up applications from the Food Bank on November 3 & 17.



Date: Nov. 8 & 22

Time: 10 a.m. - 12 p.m.

Location: Grande Cache Tourism Centre

Spaces are limited.
Please register by calling the Grande Cache Library at 780-827-2081.

TROPHY TOUR

DATES & LOCATIONS

STRATHCONA	NOV. 6-7
OLDS	NOV. 6-7
CANMORE	NOV. 13-14
LACOMBE	NOV. 13-14
NANTON	NOV. 20-21
GRANDE CACHE	NOV. 27-28
WHITECOURT	DEC. 4-5
FROG LAKE	DEC. 11-12
RED DEER	DEC. 18-19
EDMONTON	DEC. 18-19

WORK OPPORTUNITIES AT ADC & AEC

INDUSTRIAL JANITOR (ADC)

Full-time, benefits

- Clean and maintain the interior and exterior of commercial and institutional buildings and their surrounding grounds.

GENERAL LABOURER (ADC)

Casual

- Performing a wide range of tasks, including site maintenance, slashing, road patrol, flagging and security.

JOURNEYMAN WELDER (ADC)

Casual

- Metal fabrication, designing plate layouts and operating metal-shaping machines, setting up and operating heavy-duty metal-working machines, rigging, hoisting and moving materials, assembling and fitting metal sections and plates.

JOURNEYMAN MECHANIC (ADC)

Full-time, benefits

- Perform preventative maintenance on contracted client and company vehicles including trucks and light equipment, inspect, diagnose, repair and service vehicles, provide assistance in completing administrative duties such as preparing maintenance schedules and ordering parts.

ENVIRONMENTAL TECHNOLOGIST (AEC)

Full-time, benefits

- Assist management in the coordination of field projects related to the monitoring of groundwater, soil and vegetation and related remediation programs.

Email resumes to

JOBS@ADCALBERTA.COM or drop off at ADC reception at 9600 104 Ave. Thank you to all who apply, selected candidates will be contacted.