

## IMPORTANT DATES

## August 10 & 11

Membership Open House  
Tawow Centre, 5 - 8 p.m.

September 17

AWN Fall Round Dance  
Curling Rink, 5 p.m. start

## August 19

FireSmart Community Series  
Susa Creek 3 - 5 p.m.  
Victor Lake 6 - 8 p.m.

September 30

National Day for Truth & Reconciliation

## August 22

Stay in School Awards & BBQ  
Field in front of ADC, 4 - 6 p.m.



ASINIWACIY  
ACIMOWINA

**ASENIWUCHE STORIES**



Many thanks to Canadian Natural Resources Limited, CDN Controls, Fountain Tire, Grande Industrial, Griffiths Ford, Hinton West Fraser, Murcal and Phoenix Energy for helping make the ADC & AEC Golf Tournament possible!



**ASENIWUCHE  
WINEWAK NATION**

# MEMBERSHIP OPEN HOUSE & BBQ

Share your thoughts, questions and feedback around key topics related to AWN membership!

**TWO DATES  
COME FOR ONE OR  
COME FOR BOTH!**

August 10 and 11, Tawow Centre  
5:00 - 8:00 p.m. (BBQ from 5-6)

TRANSPORTATION AND CREE TRANSLATORS AVAILABLE!

## STAY IN SCHOOL AWARDS

Aseniwuche students and families are invited to join us in celebrating the new school year and recognizing our incredible students!



**AUGUST 22 • 4-6 PM • FIELD AT ADC**





CARIBOU PATROL UPDATE

While the caribou spring migration was slow to start, it ended abruptly this year. Throughout June and July, we have only had a few sightings, mostly resident bulls that hang out on Highway 40 year-round. Unfortunately, this past spring season was the worst to date for caribou mortality since the start of the Caribou Patrol Program. However, our tenth season also brought in a record high for sightings. Thank you, everyone, for your passion and concern for the caribou and support of our program.

In the wake of several animal losses, we believe more than ever that more needs to be done. AWN is working with the Government of Alberta to determine the feasibility of crossing structures, speed reductions or other crossing mitigation ideas.

CARIBOU CALVING

Contributed by Stephanie Leonard

Pregnancy in female caribou lasts around seven and a half months, and calves are generally born mid-June. Cows have only one calf per year, making each one precious to the long-term survival of the herd. Calves can stand on their own feet within a few minutes after birth and can run with their moms by the following day. Young caribou become independent after a year and a half.

Woodland caribou cows and their newborn calves are more vulnerable to predation and use several anti-predator strategies during calving. Moms will often calve alone in isolated, often rugged locations. They'll find safer places to have their young, including islands in lakes with low-elevation forested habitats or large muskegs where the number of predators and other prey is low. Cows and calves generally remain solitary until mid-winter.

Industrial development is found more frequently throughout the caribou range. Even minor disturbances to calving grounds can frighten caribou away, triggering cows to miscarry or abandon their already born young. On average, 50-70% of caribou calves die in their first year, significantly reducing a herd's ability to recover when numbers are threatened. To learn more about caribou, contact us at [info@cariboupatrol.ca](mailto:info@cariboupatrol.ca)!



COMMUNITY FIELD WORK OPPORTUNITY WITH FISH & STREAMS

AWN's Fish and Streams program has received funding to test fish that would be consumed for potential contaminants within the Traditional Land Use area, such as mercury.

We're seeking some helping hands from the community—especially those who love to fish! We are looking for interested community members to collect ten (10) Brook Trout, Rainbow Trout and Burbot samples from Victor Lake and Grande Cache Lake. If you're interested in helping with this project, please get in touch with Nate Medinski ([ahrf@aseniwuche.com](mailto:ahrf@aseniwuche.com)) or Eric McDonald ([ahrf.2@aseniwuche.com](mailto:ahrf.2@aseniwuche.com)), or call the AWN office (780-827-5510).

We'll provide you with more information and instructions about what needs to be included with each collected fish. AWN community members will be compensated for helping us collect fish with a Co-op grocery gift card.



ABOVE: Billy McDonald and Chase Moberly on-site at the Valhalla job for TC Energy. Billy and Chase cleaned up the pipeline right of way in preparation for reclamation work.

Photo credit: Aseniwuche Development Corporation

# FireSmart™ Community Series

**All communities are welcome!**  
**Fri, August 19, 2022**

**Susa Creek**  
**School Parking Lot**  
**3:00 - 5:00 p.m.**

**Victor Lake**  
**Airstrip/Day Use**  
**6:00 - 8:00 p.m.**

**Learn how to prevent and prepare for wildfire.**

JOIN US FOR SNACKS, TREATS, COFFEE & GOOD CONVERSATIONS!

KIDS GAMES, CRAFTS  
INFO BOOTHS & PRIZES!

For those that can't make it, you can request a one-on-one with Forest Ranger Jorel Armstrong. Phone: 780-827-6207

# New Bus App!

Northland School Division is pleased to introduce a new communication tool!

The Bus Status App is now available and we encourage parents and guardians to download it.

The Bus Status App allows parents and guardians to receive bus cancellations or changes immediately on a phone or tablet. Head to the Northland School Division website to find instructions on downloading the app.  
<https://www.nsd61.ca/download/395220>

# GETTING READY FOR BACK TO SCHOOL

Contributed by Lorraine Delorme

It's not just kids who have to get ready for the new school year. Parents and caregivers play an enormous role in our children's school experience. Supporting your child's learning and engagement doesn't end when the bell rings. Here are some ideas from the Institute of Child Psychology to mix up dialogue with your child after school: 15 Things to Say Instead of "How was your day?"

1. What are you most grateful for today?
2. What was the best part of your day?
3. What was the worst part of your day?
4. If you could do any part of today over again, what would it be?
5. If you could pick one song that tells me how today was, what song would it be?
6. How can I make your day easier in five minutes?
7. What was one kind thing you did today?
8. If you had a magic wand and could change 3 things about today, what would you change?
9. What was something that surprised you today?
10. What was something that disappointed you today?
11. How would you rate today on a scale of 1-10 and why?
12. What made you laugh today?
13. What do you wish you did more of today?
14. What do you wish you did less of today?
15. What was something funny that happened today?

**Read more at the Institute of Child Psychology. Check out these dinner conversation starters from AHA! Parenting.**