IN THIS ISSUE

- Truth & Reconciliation 2026
- Radio Bingo
- Return to the Hunt Updates
- Ginger and Honey Jar Making
- Caribou Corner
- What's Happening in November?
- Introducing Tawow Staff
- Tawow Events

ASINIWACIY ÂCIMOWINA

ASENIWUCHE STORIES ᐊᓯᐦᓀᐊᒋᔨ ᐊᒋᒧᐏᓇ





TRUTH & RECONCILIATION 2026

Remembering the Past, Carrying Our Culture Forward

Contributed by Nadine Alexis ♥

On September 30, Aseniwuche Winewak Nation and the Grande Cache community came together to honour the children who never made it home, remember the Survivors of the residential school system, and recognize the strength and resilience of Indigenous peoples.

It was a beautiful and meaningful day filled with prayer, drumming, singing, a shared meal, learning, and a round dance. It was especially heartwarming to see the little ones bringing their drums, joining in with the drumming, and listening to the beautiful singing of the James Gang Drummers. Hearing our youth share what this day means to them and why it is important was truly powerful.

Gatherings like this remind us of the importance of remembering and honouring the past while continuing to nurture our culture and traditions for future generations. Our community continues to show strength, resilience, and pride in who we are.

A heartfelt thank you to everyone who helped make the day so meaningful.

Thank you to our staff and volunteers for their time and support; Marianne and Charlene for preparing the delicious bannock and stew; Jessy from Tawow for the wonderful dessert; Charlie and the James Gang Drummers for the prayer song, drumming, and beautiful music; and Jesse Letendre for starting our gathering with a prayer.

Thank you to everyone who came out, participated, listened, shared, and helped create such a meaningful day for our community.

We are still here. We are resilient. We remember. We honour.

> "We are still here. Our culture is still here. Our people are still here. And our children carry our story forward."





RADIO BINGO 30TH

Bringing the Community Together!

Contributed by Amber McDonald ♣

What a fun evening! On October 8, community members gathered at the AWN Building to take part in the Radio Bingo $50,000 Bonanza as Radio Bingo celebrated 30 years. It has been a long time since we've had the chance to come together and play bingo like this, and it was wonderful to see so many people participating, enjoying themselves, and sharing a few laughs.

Bingo cards were selling out everywhere, with players joining in from all across Alberta! Although no one from our group took home a win this time around, everyone kept their spirits high, and there was no shortage of excitement throughout the evening.

A huge thank you to the Aseniwuche Youth Council (AYC), who did a fantastic job running the concession. The youth were proactive and made sure nobody went hungry, even bringing a cart of snacks around to players who were busy watching their cards. That way, nobody had to get up and risk missing their lucky number!

Of course, things got a little intense toward the end of the games. Nadine got especially enthusiastic with her bingo dabber, dabbing her card so loudly that everyone could hear! We may not have had a winner at our table, but we certainly had some entertainment.

Thank you to everyone who came out and helped make the evening such a success. It was a great night filled with laughter, excitement, and community connection.

Sometimes, the best part of bingo isn't winning—it's getting together, having a few laughs, supporting our youth, and making memories along the way!

Thank You!

A big thank you to everyone who came out and supported our Radio Bingo night! Your support means so much to the Aseniwuche Youth Council (AYC). Any proceeds raised will go toward future youth activities and opportunities, such as movie nights and other fun events that bring our youth together.

We would also like to thank everyone who stayed behind to help with cleanup. Your time and willingness to lend a hand are greatly appreciated. Thank you for helping make this event a success and for continuing to support our youth!



WHAT A LAD

Community Member University Research

Community member Asher Friedland has been out and about sharing his research project and listening to community voices at AWN's Bannock and Soup night, the Tawow drop-in, and AWN Bingo night. Thank you to everyone who has taken the time to visit, share, and learn more!

Asher's research project, Walking Together: Honouring Indigenous Journeys of Reconnection and Belonging, is about listening to community voices and learning how we can better support people who have experienced separation from their family, culture, or community and are finding their way back. These journeys may be connected to residential schools, the Sixties Scoop, the Millennium Scoop, adoption, foster care, or other experiences of separation.

As part of the project, Asher is having conversational interviews with people who have experienced reconnection themselves, as well as community members who have helped or supported someone on their journey. If you're interested in participating, curious about the project, or would just like to learn more, you're welcome to connect with Asher through Facebook, by email at asher.friedland@ucalgary.ca, by phone or text, or through AWN.

Share your hopes and messages for the community!

Everyone in the community is welcome to contribute to another part of the project, whether or not they take part in an interview.

Asher is also collecting anonymous hopes, wishes, and messages from community members to create an AWN



community document as part of the project. What would you want someone to know if they were finding their way back to their family, culture, or community? What words of encouragement, hopes, or messages would you want to hear if you were on that journey yourself? There's no right or wrong thing to share. Your message can be whatever feels important to you, and it will be completely anonymous. The goal is to bring community voices together in a document that can be shared with people on their journeys of reconnection, so they can hear the hopes, encouragement, and messages that community members want them to carry with them.

Asher is still collecting community messages, and it's not too late to add your voice! If you have a hope, wish, or message you'd like to contribute, please reach out to Asher through Facebook, email, phone, or text.

We look forward to continuing to listen, learn, and walk together as a community!

RETURN TO THE HUNT

Thank you





A huge thank you to Big Knife Outfitters and their hunters Zane Norris, Bridger Norris and Shelby Jessen who gifted our community 3 bull moose. Mentor Landon Delorme brought Tawow staff the meat who worked all day alongside Daughters of the Land and Return to the Hunt youth to process and distribute the meat out to community members. Huge shout out to the youth Isabelle Delorme, Mackenzie McDonald, Xavior Knife, Liam Leavey and Evangaline Hallock for their help. It always makes us happy to see the younger generation willing to help out. The laughter in the shop was as loud as the music being played and the thank you's from community as staff delivered were heartfelt.

Return to the Hunt youth want to say thank you to those who always support them with their fundraisers and provide words of encouragement and guidance. Their taco in a bag sale was a success and watching these young men work as a team building meaningful connections was the most rewarding experience! Good job guys!



RETURN TO THE HUNT

Taco in a bag Fundraiser

The young men from the Return to the Hunt program recently held a Taco in a Bag fundraiser to help support their upcoming winter activities and the building of an ice fishing shack. All proceeds will go toward these exciting opportunities, helping the youth continue learning traditional skills and spending time together outdoors.

A big thank you to everyone who supported the fundraiser! More fundraising events are on the way, so stay tuned for updates and future opportunities to show your support.

RETURN TO THE HUNT

Learning at Victor Lake

Over the weekend, some of our Return to Hunt youth and staff spent time at Victor Lake with Elder Vivian Delorme. The group listened to her stories and teachings, learning about the importance of remembering and passing down traditional knowledge. Youth also had the opportunity to learn about the traditional process of making dry meat.

These experiences provide valuable opportunities for youth to connect with their culture, learn traditional skills, and gain knowledge from Elders.

A special thank you to Elder Vivian Delorme for sharing her time, stories, and knowledge with our youth and staff!



GINGER & HONEY JAR MAKING

Fight the flu, October 19 2026





With the colder months approaching, clients gathered at Tawow Community Centre on October 19 for a hands-on ginger and honey jar-making activity! Hosted for FASD and PCAP clients, the event offered a welcoming opportunity to learn something new, get creative, and prepare a homemade blend to take home.

Participants enjoyed taking part in this simple, seasonal activity while spending time together and building connections. Thank you to everyone who joined us and helped make the day a success!



Did you miss the gathering? No need to worry! Connect with us on social media for all the latest event updates and important announcements! 🎉

CARIBOU CORNER
Following the Herd



THE CARIBOU

We're starting to see caribou on the highway. The fall migration is off to a slow start, but it has begun, and more animals will be crossing in the coming weeks.

Please keep reporting your sightings. Every report helps us put our crews where they're needed most, keeping both you and the caribou safe.

A collision with a caribou can be deadly for you, and we don't want to see anyone hurt. We also don't want to see these animals injured or killed.

While driving through the caribou corridor:

- Slow down and stay alert, especially at dawn, dusk and after dark
- Scan the ditches and road edges, not just the pavement ahead
- Expect more than one animal; caribou travel in groups, and others often follow the first

Thank you for helping us keep the highway safe for everyone.

RECENT ACTIVITIES

If you're still waiting on a hoodie order, we're sorry for the delay. Backordered items haven't yet arrived from our supplier, so we're not able to ship them out to you just yet. Going forward, we're exploring additional vendor options to make our hoodie orders more reliable.

UPCOMING ACTIVITIES

We're currently planning our event schedule for the winter, which makes now an ideal time to book a presentation. Know a group that would benefit from learning about caribou conservation? We'd love to present! Each session is tailored to your audience, including their age, background, and familiarity with the subject, so whether you're hosting a classroom, a community event, or a professional gathering, we'll make it fit. We offer both virtual and in-person sessions (location permitting).

To book or learn more, reach out to Stephanie at stephanie@aseniwuche.com.

DID YOU KNOW?

Caribou are distinctive in the deer family as both males and females grow antlers. Males shed theirs after mating in November or December, with antlers growing up to 2.5 cm per day and reaching lengths of 51 inches. In contrast, females have smaller antlers, around 20 inches, which they retain until June to protect food sources while nursing. Antlers serve crucial roles, including defense and helping females dig for food in winter, ensuring better nutrition for healthier calves.

WHATS HAPPENING IN NOVEMBER?

AWN Events



AWN CHRISTMAS MARKET - NOV 28

Saturday, November 28 | 1:00 PM – 4:00 PM
📍 AWN Building

Get a head start on your Christmas shopping while supporting local artisans, makers, and community members! Come browse unique handmade items and support the talented people in our community.

Interested in having a table? Vendor tables are FREE!

To reserve a table or for more information, contact Nadine at admin@aseniwuche.com.



AWN AGM MEETING- NOV 26

The Aseniwuche Winewak Nation Annual General Meeting (AGM) will be held on November 26, 2026!

Stay tuned for more details, including the time and location. We look forward to sharing more information with the community!

VISIT THE AWN BUILDING

The Aseniwuche Winewak Nation office is located at 10003 99 Street in Grande Cache. Community members are welcome to visit during regular business hours for assistance, information, and support.

Monday–Friday: 8:30 AM – 5:00 PM
Lunch Closure: 12:00 PM – 1:00 PM
Closed: Weekends and statutory holidays

📍 Address: 10003 99 Street, Grande Cache, AB
📞 Phone: 780-827-5510

INTRODUCING: TAWOW STAFF

Meet the faces behind the programs!



Jessy Richard - Mental Health & Addictions Coordinator

Hi everyone! My name is Jessy. I'm someone who values honesty, kindness, and building meaningful connections with the people around me. I have a big heart for helping others and being involved in my community, and I believe that everyone deserves to feel supported, respected, and heard.

In my spare time, I enjoy spending time with the people who matter most to me, trying new things, and continuing to learn and grow as a person. I'm always open to new experiences, meeting new people, and finding ways to make a positive difference.

I'm excited to get to know everyone and build new connections!

INTRODUCING: TAWOW STAFF

Meet the faces behind the programs continued



Sharon Hamilton - Indigenous Patient Navigator

Sharon Hamilton is of Dene and Cree ancestry, with Ukrainian heritage. Born and raised in the Northwest Territories, she moved to Grande Cache with her family in 2008. Sharon and her husband, James, have three daughters, Melissa, Shayla, and Sierra, and are proud grandparents to three grandchildren.

In her spare time, Sharon enjoys spending time outdoors, camping, walking, berry picking, reading, and working on puzzles. Recently retired from Correctional Service Canada (CSC), Sharon is excited to begin a new chapter in her career, continuing her passion for working with people and supporting her community.

As the Indigenous Patient Navigator, Sharon looks forward to helping community members build their health literacy, better understand the healthcare system, and navigate available health services and supports.



Devina Doire - PCAP Mentor

My name is Devina Doire, and I am excited to introduce myself as the new Parent Child Assistance Program (PCAP) Mentor with Tawow.

I am a proud Nêhiyaw iskwew and a mother to a beautiful little girl. I grew up in Susa Creek and currently reside in town. Family and community have always been important parts of my life, and growing up in Susa Creek has given me a deep appreciation for where I come from and the importance of supporting one another.

My culture and connection to the land are an important part of who I am. Some of my favourite things to do are spending time out on the land, beading, travelling, and watching my daughter and partner dance. Sharing our culture and traditions with my daughter means a lot to me, and I believe in the importance of keeping our teachings alive for future generations.

As I begin my new role as a PCAP Mentor, I look forward to building meaningful relationships with individuals and families in our community. I hope to create a welcoming, safe, and supportive environment where families feel comfortable reaching out for guidance and support.

I am grateful for this opportunity to give back to my community, continue learning, and grow both personally and professionally. I look forward to meeting and working alongside the families I will be supporting.



Brianna Chowace - Violence Prevention Coordinator

My name is Brianna Chowace, and I am from Sturgeon Lake Cree Nation. I am excited to step into my new role as the Violence Prevention Coordinator. In my spare time, I enjoy sewing, traveling to powwows, and finding ways to support and give back to my community. I am passionate about helping others and making a positive difference in the lives of the people I serve.



Hope Deshane - Crisis Manangement Coordinator

Hi, I'm Hope! I'm pretty new to Grande Cache and loving it more and more every day. When I'm not at work, you can usually find me out in the garden, fishing, baking something delicious, taking mountain photos, or singing my heart out to karaoke. I'm also a huge animal lover (my three cats completely run my home)! Having spent most of my life in hospitality, connecting with people and making them feel comfortable just comes naturally to me. I'm so excited to be able to bring that same energy to my role as Crisis Management Coordinator!

TAWOW EVENTS

MONDAY
NOVEMBER 2026

Daughters to the Land
Nov 2 | Nov 9 | Nov 16 | Nov 23

3:15–4:30 pm
Tawow Community Centre

Girls' drop-in group for ages 12–18, reconnecting to Indigenous ways of nurturing, identity, and wellness. Led by Elder Eam. No registration required.

PCAP / FASD
Nov 9 | Nov 30

1–2 pm
Tawow Community Centre

TUESDAY
NOVEMBER 2026

Women's Wellness Support Circle
Nov 3 | Nov 10 | Nov 17 | Nov 24

1–2:30 pm
Tawow Community Centre

NA Group
Nov 3 | Nov 10 | Nov 17 | Nov 24

1–2 pm
Tawow Community Centre

WEDNESDAY
NOVEMBER 2026

Mental Health & Addiction Drop-in
Nov 4 | Nov 18

11 am–1 pm
Tawow Community Centre

No Drop-in
Nov 11 | Nov 25

Tawow Community Centre
Food Bank will run from 1–3 pm.

CLERC Presentation
Nov 18

11 am–1 pm
Tawow Community Centre

THURSDAY
NOVEMBER 2026

Men's Wellness Circle
Nov 5 | Nov 12 | Nov 19 | Nov 26

1–2 pm
Tawow Community Centre

Violence Prevention
Nov 5 | Nov 12 | Nov 19

2:30–3:30 pm
Tawow Community Centre

Mommy and Me Drop-in
Nov 26

2–3 pm
Tawow Community Centre

FRIDAY
NOVEMBER 2026

Mommy and Me Skating
Nov 6 | Nov 13 | Nov 20 | Nov 27

8:15–9:00 am
Grande Cache Recreation Centre

Sponsored skating for mothers and children. Is space limited together on the ice. Questions: pcap@aseniwuche.com

2026 NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

NOVEMBER YOUTH ACTIVITIES

Youth Paint Night
TUESDAY • NOV 3

3:15 pm
Tawow Community Centre

Ages 12–18
Registration required

Youth Teachings
TUESDAY • NOV 10

3:15 pm
Tawow Community Centre

Youth Candle Making
TUESDAY • NOV 17

3:15 pm
Tawow Community Centre

Ages 12–18
Registration required
Limited to 15 participants

Youth Beaded Pop Socket
TUESDAY • NOV 24

3:15 pm
Tawow Community Centre

Ages 12–18
Registration required

AWN & Tawow Offices will be closed



JOB OPPORTUNITIES AT AWN

Looking for your next career opportunity? Aseniwuche Winewak Nation and its Group of Companies offer employment opportunities across a variety of fields. Whether you're looking to grow your skills, take the next step in your career, or explore something new, we encourage you to check out the current postings!

Visit our website to explore available positions and learn more about how to apply.

Explore job opportunities: https://www.aseniwuche.ca/job-opportunities/